

# Wolf Pack Post

May 22, 2025



St. Johns Technical  
High School

Issue #17

## DATES TO REMEMBER

May 23rd Graduate Awards & Breakfast 8am

May 23rd Graduation 7pm

May 26th Memorial Day Student/Teacher  
Holiday

May 30th Last Day of School

ENJOY YOUR SUMMER BREAK

## Graduation News

**CONGRADULATIONS TO ALL OF OUR  
GRADUATES. WE WISH YOU THE BEST IF  
LUCK IN YOUR FUTURE!**

*Please arrive at Toco Creek High School at  
5pm for rehearsal. Doors open at 6:30pm  
and the ceremony starts at 7pm.*



## Attendance Reminder

The last day of school is Friday,  
May 30th. Please note that this is  
an early release day. School will  
dismiss at 2:50pm!

## School Hours

Monday, Tuesday, Thursday & Friday

9:20 am - 3:50 pm

Wednesday 9:20 am - 2:50 pm

**EARLY RELEASE**

Students may arrive no earlier than 8:45 am

## CLASSROOM EXPECTATIONS

**Be... PREPARED  
ALWAYS RESPONSIBLE  
COLLABORATIVE  
KIND & SAFE  
RUN WITH THE PACK!**



ST. JOHNS TECHNICAL HIGH SCHOOL

*As a reminder...*

**All students are entitled  
to FREE  
breakfast and lunch**



# BusPlanner®



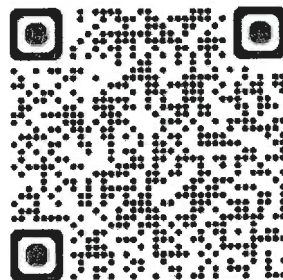
**Exciting News for SJCS D Parents!**

## **Welcome to the Bus Planner Transportation Parent Portal!**

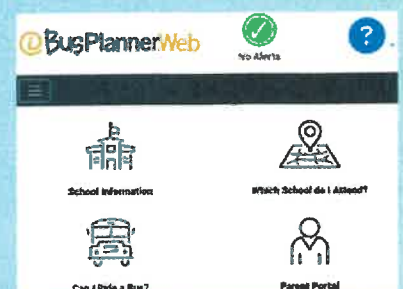
- Easy direct access to your student's bus information
- Improved alerts for late buses – more accurate & timely notifications
- Easier requests – communicate directly with Transportation anytime
- Advanced notice for any route time or bus stop changes
- Confirmation receipts for all communication with Transportation

**Stay informed and experience a smoother school transportation process with Bus Planner! 🚌**

➡ **Scan the QR code below to get started!**



**[sjcsd.mybusplanner.com](https://sjcsd.mybusplanner.com)**







# FORTIFYFL

SUSPICIOUS ACTIVITY REPORTING APP

## QUICKLY AND EASILY SUBMIT A TIP

By accessing FortifyFL, students can provide a description of the threat, share pics and videos and optionally submit their contact information.

### Anonymous or Non-Anonymous

You decide whether you want to include your name and contact information.

### Convenient

Submitting a tip is quick and easy using our mobile app or website.

### Include Photos and Video

You can also include photos or video with your tip report.

## QUICKLY SEND TO AUTHORITIES

FortifyFL automatically routes your tip report to the appropriate law enforcement agencies and school officials.



### Your School Officials

The tip report goes to your local school officials when submitted.

### Local Law Enforcement

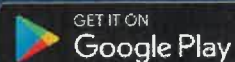
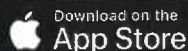
Your local police department or sheriff office receive copies of your tips automatically.

### State-Level Officials

State-level officials also have access to your tips to make sure proper steps are taken.

FortifyFL is a suspicious activity reporting tool that allows you to instantly relay information to appropriate law enforcement agencies and school officials. FortifyFL was created and funded by the 2018 Florida Legislature as part of the Marjory Stoneman Douglas High School Public Safety Act.

#FORTIFYFL  
GETFORTIFYFL.COM



FLORIDA DEPARTMENT OF  
EDUCATION

# SELF-AWARENESS & SELF-MANAGEMENT

## Parent Resource

GRADES  
**9-12**

### What is self-awareness and self-management?

Self-awareness and self-management means to understand and govern our thoughts, actions and impact on others.

As your child gets older, he or she will continue to develop self-awareness and self-management skills by recognizing how one's thoughts and ideas influence choices and impact others.

#### In grades nine through twelve, children begin:

- ✓ Implementing strategies and monitoring progress in achieving personal goals.
- ✓ Demonstrating behavior that respects the needs of others.
- ✓ Creating a plan to attain a personal goal that addresses strengths, needs and risks.

Below are ways you can help your child learn, practice and demonstrate self-awareness and self-management skills:

#### DISCUSS AN EXAMPLE



Discuss a time when you disagreed with someone and how you adjusted your behavior to understand the other person's point of view. For example, when you had a disagreement with a friend or coworker and he or she was not able to see your perspective. How did you approach the situation?

#### WORK TO DEVELOP GOALS



Work with your child to develop short and long-term personal goals. The goals should be measurable and achievable. Later, have them reflect on the process, his or her progress and how self-awareness and self-management helped them reach these goals.

**BY GAINING SELF-AWARENESS AND LEARNING SELF-MANAGEMENT, YOUR CHILD WILL TAKE AN ACTIVE ROLE IN MONITORING AND ADAPTING HIS OR HER BEHAVIOR.**

#### SKILLS TO CONSIDER PRACTICING WITH YOUR CHILD:



Formulating an effective long-term plan to achieve a personal or future professional goal.



Evaluating strategies that assist with managing challenges or setbacks.



#### DINNER TABLE CONVERSATION STARTER

Discuss the importance of self-awareness and self-management in pursuing academic and employment goals after high school. How do these skills impact future opportunities?